



Varsity Girls

Email: dewittlax@dewittlacrosse.org
Website: www.dewittlacrosse.org

Parents and Players,

Welcome to the 2012 season of DeWitt Lacrosse. We enter our 8th season with great enthusiasm and expectation that the players will gain and improve their lacrosse skills, and that all players, coaches, and spectators will strive to promote good sportsmanship. Practice will begin the second week of March. Coaches will contact you with exact dates and times.

Registration Information:

- 1. Registration Forms and Fee: Due February 1, 2012.**
The DeWitt Lacrosse Club Registration Forms must be completed and returned with the fee to the DeWitt Lacrosse Club by the registration deadline to secure a spot on a team.
- 2. Uniform Selection Sheet: Due February 1, 2012.**
This form is used to select uniform sizes and jersey numbers.
- 3. Email Addresses: Due immediately.**
We will be using email as our main form of communication. To ensure an accurate email list, please send an email to dewittlax@dewittlacrosse.org with your player's name and grade in the subject line, *even if you submitted it last year*. Multiple email addresses may be submitted.
- 4. Sports Physical Form: Due prior to first practice.**
 - A current-year Sports Physical Form is required in order to participate in lacrosse and *must be on file with the high school*. Only those who have completed and turned in a physical form will be allowed to practice with the team. (A current-year physical is one given on or after April 15, 2011.)
 - Blank Sports Physical Forms are usually available in the school offices or can be downloaded at the following website: www.mhsaa.com
- 5. Parents/Coaches Meeting:** A mandatory parent/coaches meeting will be held at the beginning of the season. At the meeting, your coach will discuss playing time, player and parent conduct, and other expectations specifically pertaining to your team. An email will be sent by your coach with the date and time.

If you are interested in assisting the current coaches, please contact your student's head coach. Email addresses for the head coaches are listed on the following page along with the Lacrosse Club board members. If you have any questions, please feel free to contact us. We look forward to a safe and rewarding season.

Thank you,
The DeWitt Lacrosse Board

Registration Check List

- DeWitt Lacrosse Registration Form
- Registration Fee – CHECKS OR MONEY ORDERS PLEASE
NO CASH WILL BE ACCEPTED
- Uniform Selection Sheet
- Provide email address by sending an email to dewittlax@dewittlacrosse.org with player's name and grade in the subject line, *even if you submitted it last year.*
- Physical Form: **Must be on file at the high school prior to the first practice.**

Due: February 1, 2012

Send to: DeWitt Lacrosse
PO Box 228
DeWitt, MI 48820

Due: Immediately

DeWitt Lacrosse Club Contact Information

Email: dewittlax@dewittlacrosse.org
Website: www.dewittlacrosse.org

<u>Position</u>	<u>Name</u>	<u>Email Address</u>
President	Mike Zamiara	mzamiara4@gmail.com
Vice President	Tom Plantz	dewittlax@dewittlacrosse.org
Treasurer	Mary Jo Fedewa	drfedewa@comcast.net
Secretary & Tournaments	Terri Langdon	KandTLangdon@comcast.net
Board Members:		
Spirit Clothing	Cindy Maher	cmaher@mpmca.org
Fields	Greg Harless	harless@ingham.org
Pictures & Spirit Clothing	Mary Kimble	wmkimble@comcast.net
Equipment	Mitch Maher	mcmasonry@4wbi.net
Scheduler & Webmaster	Diane Alexander	dalexa05@4wbi.net
Uniforms	Dyan Coucke	mdcoucke@comcast.net
Girls Varsity Head Coach	Mark Coucke	mdcoucke@comcast.net
Girls 7 th /8 th Grade Head Coach	TBD	
Boys Varsity Head Coach	Ian Broughton	broughtoni@gmail.com
Boys JV Head Coach	Warren Jacobs	dewittlax@dewittlacrosse.org
Boys 7 th /8 th Grade Head Coach	TBD	
Boys 5 th /6 th Grade Head Coach	TBD	

Required Lacrosse Equipment

Boys: Each player is responsible for purchasing his own equipment which includes the following:

- Lacrosse Helmet (Navy)
- Lacrosse Shoulder Pads
- Lacrosse Elbow Pads
- Lacrosse Gloves
- Standard Lacrosse Stick
- Cleats
- Athletic Cup
- Mouth Guard (Strap required; no white or clear)

Goalie equipment and long poles are provided for the team's use during the season.

Girls: Each player is responsible for purchasing her own equipment which includes the following:

- Lacrosse Goggles
- Standard Girl's Lacrosse Stick
- Cleats
- Shirt (White - Long Sleeve and/or Short Sleeve)
- Compression Shorts (Navy - 4" inseam)
- Mouth Guard (No strap; no white or clear)

Goalie equipment is provided for the team's use during the season.

Local Lacrosse Retailers

Athlete's Connection

4211 S. Martin Luther King Jr. Blvd.
Lansing, MI 48910
(517) 394-5295
www.teamlax.com

Athlete's Connection is offering Boy's Lacrosse Starter Packs (arm pads, shoulder pads and gloves) starting at \$74.99 to \$139.99 and helmets starting at \$109.99. Girl's Starter Packs (complete stick, stick bag, and goggles) are available for \$79.99.

Johnny Mac's

4255 5 Oaks Drive
Lansing, MI 48911
(517) 393-2221

Johnny Mac's is offering a 10% discount on helmets and a 15% discount on any lacrosse items. Just identify yourself as Dewitt Lacrosse Club member in order to receive this discount.



DeWitt Lacrosse Club Registration
Varsity Girls

Due Date: February 1, 2012

Player's Name _____

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Date of Birth _____ Circle Grade: 9 10 11 12 Gender: M F

Father/Guardian _____

Home Phone _____ Work Phone _____ Cell Phone _____

Mother/Guardian _____

Home Phone _____ Work Phone _____ Cell Phone _____

EMAIL ADDRESSES:

To be included in email communications, please provide the email addresses you would like DeWitt Lacrosse to use by sending an email to dewittlax@dewittlacrosse.org with your student's name and grade in the subject line, even if you submitted it last year.

ETHICS AND CONDUCT:

We understand that all rules regarding ethics and personal conduct including but not limited to discipline and substance abuse, will be followed and enforced as outlined on Michigan High School Athletic Association's (MHSAA) website: www.mhsaa.com

Player's Signature _____ Date _____

Parent or Guardian's Signature _____ Date _____

CONSENT TO PARTICIPATE:

I hereby give my consent for the above referenced player to participate in the Lacrosse Program sponsored by the DeWitt Lacrosse Club. I, on behalf of the player, our family, and myself release and discharge all of the coaches, officials and volunteers from any and all liability or responsibility for any injury that the player may sustain while participating in the Program. I acknowledge that the DeWitt Lacrosse Club does not provide medical insurance for participants.

Date _____

Signature of Parent/Guardian or Student, if 18 years or older

FEES: Due February 1, 2012

Grades 9 – 12 Registration Fee: \$225

****CHECKS OR MONEY ORDERS PLEASE**
NO CASH WILL BE ACCEPTED**

Please make checks payable to: **DeWitt Lacrosse**
Mail all checks to:
DeWitt Lacrosse
PO Box 228
DeWitt, MI 48820

Email: dewittlax@dewittlacrosse.org

Web Site: www.dewittlacrosse.org



Lacrosse Uniform Selection Sheet

Varsity Girls

Due: February 1, 2012

The DeWitt Lacrosse Club provides uniforms for each player. Each player will be assigned a uniform consisting of two jerseys and a kilt. The uniforms are on loan for the 2012 season and must be returned after the last game.

Player's Name: _____ **Home Phone:** _____ **Grade:** _____

UNIFORM SELECTION:

Please use the chart below to choose your player's jersey and kilt sizes.

Size	XS	S	M	L	XL
Chest	30"	32" - 34"	34" - 36"	36" - 38"	40" - 42"
Waist	18" - 20"	22" - 24"	26" - 28"	30" - 32"	34" - 36"

Jersey: Please circle your player's size and indicate her 1st, 2nd & 3rd choice numbers in the spaces provided. A returning player may keep the same jersey number she used last year, *if* she uses the same size jersey as last year.

- XS: 14, 15, 17, 19,
- S: 6, 7, 9, 12, 18, 22, 25, 27
- M: 2, 4, 5, 10, 11, 21, 24, 28, 29
- L: 3, 8, 13, 16, 26, 30, 31
- XL: 20, 23

Size: **XS** **S** **M** **L** **XL**

Number: _____ _____ _____
 1st Choice 2nd Choice 3rd Choice

Kilt: Please circle your player's kilt size:

S **M** **L** **XL** **XXL**

AGREEMENT TO RETURN UNIFORM:

I agree to return the DeWitt Lacrosse uniform (two jerseys and a kilt) assigned to me/my player after the last game of the 2012 season or I will pay the replacement cost of \$150 for the unreturned uniform.

 Signature of Parent/Guardian or Student, if 18 years or older Date _____

Return by February 1, 2012 to: DeWitt Lacrosse
 PO Box 228
 DeWitt, MI 48820

Questions: dewittlax@dewittlacrosse.org
 Mike Zamiara - 517.281.1528
 Dyan Coucke - 517.668.9942
 Mary Jo Fedewa - 517.669.1414