

## Camp Features

- Low player-coach ratio.
- Focus on individual skills.
- Each player will receive maximum individual attention.
- Players leave with an enhanced understanding of the team aspects of lacrosse.
- Coaches will teach an appreciation of the game's nuances.
- Coaches will use game situations to reinforce application of skills learned.
- Every camper gets a Camp T-Shirt.
- **Every camper leaves a better lacrosse player.**



## DAILY SCHEDULE

### Middle School

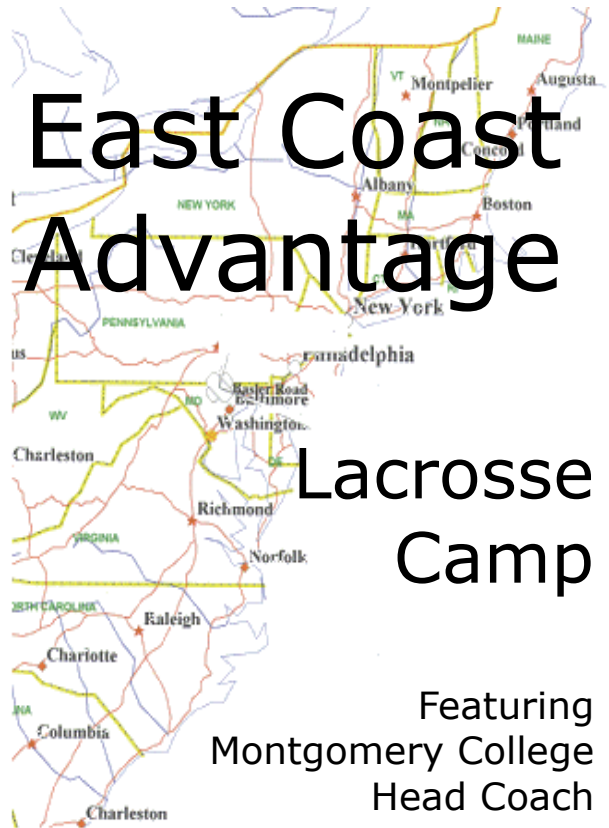
8:30 am	Campers arrive
9 am	Warm-ups
9:15-10 am	Drills
10-10:30 am	Scrimmage
10:30-10:45 am	Break
10:45-11:45 am	Drills
11:45 a.m.– Noon	Review

### High School

12:30– 1 pm	Campers Arrive
1-1:15 pm	Warm-ups
1:15-2 pm	Drills
2-2:30 pm	Scrimmage
2:30-2:45 pm	Break
2:45-3:45 pm	Drills
3:45–4 p.m.	Review

East Coast Advantage  
 Haslett Lacrosse Club  
 1346 Biscayne Way  
 Haslett, MI 48840

**REGISTER BEFORE JUNE 15!  
 SAVE MONEY!**



# East Coast Advantage

## Lacrosse Camp

Featuring  
 Montgomery College  
 Head Coach

## Marty Lattman

June 28-July 1, 2010

Boys Middle School 9 a.m.—Noon

Boys High School 1—4 p.m.

Presented by:  
 Haslett Lacrosse Club

At Haslett High School  
 5450 Marsh Road  
 Haslett, MI 48840

## Why pick the East Coast Advantage Lax Camp?

- Your son will be taught by some of the very best the game of lacrosse has to offer!
- Similar quality camps cost \$550 or more!
- With the recession hitting Michigan, why drive out of town for a camp? Save the travel money and come to East Coast Advantage!
- Why go to the east coast when *the east coast can come to you!*



## Discounts Available

(only one discount will apply)

- Register before June 15 and save \$15.
- Register with seven friends and you save \$20 each. (Registrations must come in one envelope. Payment for all players must be included.)
- Team discounts available for 10 or more players on the same team. Contact Michael McCue at [mmccue@haslettlacrosse.com](mailto:mmccue@haslettlacrosse.com) to find out what savings you can get!

## About the Staff

### **Camp Director: Marty Lattman** *Head Coach Montgomery College*

Coach Lattman is the head coach of Montgomery College in Rockville, Maryland. He has written articles for *Coaching Lacrosse* newsletter, was a featured speaker at the 2005 and 2008 US Lacrosse National Convention, and is a certified US Lacrosse coaches' trainer. Marty also serves on the US Lacrosse Men's Division Board of Governors, US Lacrosse Youth Council and is the former vice president of the NJCAA Lacrosse Coaches Association.

### **Position Coaches** **(Montgomery College)**

Montgomery College, in Rockville, Maryland, will send their best to help your son increase his skills.

This is the second year of East Coast Lacrosse coming to the area. The coaches and the players learned a lot and had tons of fun. Last year's participants have already registered for this year. Hurry to reserve your spot for this special opportunity for your son.



## Application

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_

School \_\_\_\_\_

Date of Birth \_\_\_\_\_ Grade \_\_\_\_\_

Email \_\_\_\_\_

T-shirt Size (Adult sizes only): S M L XL XXL

Emergency Contact: \_\_\_\_\_

Emergency Phone \_\_\_\_\_

Known Medical Conditions or Allergies:

Boys Middle School                      \$240

Boys High School                         \$255

### ***Full equipment required!***

I certify that my son is in sufficient physical condition to participate in this activity. I have informed the coach or administrators of any medical issues my son may have. I hereby release and hold harmless Haslett Lacrosse Club, Inc., Montgomery College, Haslett Public Schools, their officers, employees, volunteers, and agents from any and all liability arising from this event

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Send this form and payment to:  
Haslett Community Education  
1590 Franklin Street, Haslett, MI 48840  
Cash, check, or credit card accepted at Haslett Community Education.