

## Camp Features

- Low player-coach ratio.
- Focus on individual skills.
- Each player will receive maximum individual attention.
- Players leave with an enhanced understanding of the team aspects of lacrosse.
- Coaches will teach an appreciation of the game's nuances.
- Coaches will use game situations to reinforce application of skills learned.
- Every camper gets a Camp pinny
- ***Every camper leaves a better lacrosse player.***



## DAILY SCHEDULE

### Middle School

8:45 am	Campers arrive
9 am	Warm-ups
9:15-10 am	Drills
10-10:30 am	Scrimmage
10:30-10:45 am	Break
10:45-11:45 am	Drills
11:45 a.m.– Noon	Review

### High School

12:45– 1 pm	Campers Arrive
1-1:15 pm	Warm-ups
1:15-2 pm	Drills
2-2:30 pm	Scrimmage
2:30-2:45 pm	Break
2:45-3:45 pm	Drills
3:45–4 p.m.	Review

**REGISTER BEFORE JULY 11 TO SAVE MONEY!**

# East Coast Advantage

## Lacrosse Camp

Featuring  
MLL LA Riptide player  
**Garrett Rosecrans**

July 25-July 28, 2011

Boys Middle School 9 a.m.—Noon

Boys High School 1—4 p.m.

Presented by:

Haslett Lacrosse Club  
Custom Lacrosse Camps

At Haslett High School  
5450 Marsh Road  
Haslett, MI 48840

## Why pick the East Coast Advantage Lax Camp?

- Your son will be taught by some of the very best coaches the game of lacrosse has to offer!
- Similar quality camps cost \$600 or more!
- With the recession hitting Michigan, why drive out of town for a camp? Save the travel money and come to East Coast Advantage!
- Why go to the east coast when *the east coast can come to you!*



## Discounts Available

(only one discount will apply)

- Register before July 1 and save \$20.
- Register with seven friends and you save \$20 each. (Registrations must come in one envelope. Payment for all players must be included.)
- Team discounts available for 12 or more players on the same team. Contact Michael McCue at [mmccue@haslettlacrosse.com](mailto:mmccue@haslettlacrosse.com) to find out what savings you can get!

## About the Staff

### **Camp Director: Marty Lattman** *Head Coach Montgomery College*

Coach Lattman is the head coach of Montgomery College in Rockville, Maryland. He has written articles for *Coaching Lacrosse* newsletter, was a featured speaker at the 2005 and 2008 US Lacrosse National Convention, and is a certified US Lacrosse coaches' trainer. Marty also served on the US Lacrosse Men's Division Board of Governors, US Lacrosse Youth Council and is the former vice president of the NJCAA Lacrosse Coaches Association.

### **Garrett Rosencrans, LA Riptide**

Coach Rosencrans was a powerhouse midfielder at Butler University and then went on to play for the Major League Lacrosse team LA Riptide. Rosencrans was also an assistant coach at Butler University. Rosencrans is a certified US Lacrosse coaches' trainer, traveling around the country teaching coaches and players. Garrett brings a fantastic combination of skills and coaching ability to our camp this year.



## Application

Name\_\_\_\_\_

Address\_\_\_\_\_

City\_\_\_\_\_

Zip\_\_\_\_\_ Phone\_\_\_\_\_

School\_\_\_\_\_

Date of Birth\_\_\_\_\_ Grade \_\_\_\_\_

Email\_\_\_\_\_

Emergency Contact:\_\_\_\_\_

Emergency Phone\_\_\_\_\_

Known Medical Conditions or Allergies:

Boys Middle School \$200 (\$220 after July 1)

Boys High School \$225 (\$245 after July 1)

### ***Full equipment required!***

I certify that my son is in sufficient physical condition to participate in this activity. I have informed the coach or administrators of any medical issues my son may have. I hereby release and hold harmless Haslett Lacrosse Club, Inc., Montgomery College, Haslett Public Schools, their officers, employees, volunteers, and agents from any and all liability arising from this event

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

Send this form and payment to:  
Haslett Community Education  
1590 Franklin Street, Haslett, MI 48840

Cash, check, or credit card accepted at Haslett Community Education.